



Sports leadership programme

for young people (aged 16 to 18)

Team 8 annual report (October 2009 to July 2010)

The eighth sports leadership programme to be delivered by Medway Council's Youth Service (previously the Sports Development Team) started on 17 October 2009.

Recognised by Sport England as an example of national best practice and featured in articles by the National Youth Agency and UK Youth, this programme helps young people develop their confidence, motivation and skills while promoting access to nationally recognised sports leadership and coaching courses.

During this 10-month programme, volunteers:

- Completed the Sports Leaders UK Level 2 Award in Community Sports Leadership that includes a training course in emergency first aid
- Attended a selection of Sports Coach UK workshops and a Create Development programme
- Participated in regular activity sessions

Sports Coach UK workshops:

- Coaching children and young people
- How to coach disabled people in sport
- Safeguarding and protecting children

Create Development programme:

- FUNS for everyone

Activity sessions:

- High ropes
- Skiing, snow tubing and tobogganing
- Climbing and abseiling
- Sailing

Having completed their training, volunteers were given the chance to apply the knowledge and skills they had gained to benefit the local community by assisting the Sports Development Team run the Mini Youth Games and Wilsonian Sailing Club host the Medway Regatta.

Mini Youth Games:

Event	Date	Venue
Badminton	26 November	The Stirling Centre
Swimming	28 January	Medway Park
Table Tennis	24 March	The Howard TT Centre
Cricket	27 May	High Halstow Cricket Club
Athletics	22 June	Medway Park

While undertaking this valuable work experience, volunteers were also invited to take part in a six-day teambuilding course based in Dartmoor National Park. This residential experience was delivered by Spirit of Adventure, one of the leading providers of adventurous activities in southern England.

15 volunteers completed this challenging programme and were awarded coach development grants at their final team presentation. This event took place at Fort Pitt Grammar School on Friday 25 June. Exit pathways have been established to help those volunteers who are interested in developing their skills further and identifying career opportunities in the local community.





Annual summary of outputs:

Number of volunteers enrolling on programme	15
Number of offsite educational visits	40
Number of nationally recognised training courses	7
Number of volunteers completing Level 2 Award in CSL	15
Number of emergency first aid certificates awarded	15
Number of Sports Coach UK certificates awarded	43
Number of Create Development certificates awarded	13
Number of RYA youth sailing scheme certificates awarded	10
Number of teambuilding residential certificates awarded	15
Number of v50 certificates awarded	15
Total guided learning hours	2,619
Total hours spent supporting the local community	537
Number of volunteers completing programme	15
Volunteer attendance rate	91%

Medway Council's Youth Service would like to thank everyone who has contributed to the continued success of this unique programme and to congratulate all of this year's volunteers.

The next programme starts on 16 October 2010

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