



Sports leadership programme

for young people with global moderate learning difficulties (aged 15 to 18 years)

Team 3 annual report (February 2009 to July 2009)

The third sports leadership programme for young people with global moderate learning difficulties to be delivered by the Sports Development Team started on 5 February 2009.

Working in partnership with Bradfields School and Further Education Centre this programme, as featured in articles by the National Youth Agency and UK Youth, helps young people develop their confidence, motivation and skills.

During this six-month programme, volunteers gained experience of teamwork and leadership, attended a training course in emergency first aid and participated in regular activity sessions.



Activity sessions:

- High ropes
- Skiing, snow tubing and tobogganing
- Canoeing and kayaking

Having completed their training, volunteers were given the chance to apply the knowledge and skills they had gained to benefit the local community by supporting the Medway Messenger Mini Youth Games.



Mini Youth Games:

Event	Date	Venue
Badminton	7 May	Black Lion Leisure Centre
Cricket	11 June	High Halstow Cricket Club
Athletics	1 July	Deangate Ridge

While undertaking this valuable work experience, volunteers were also invited to take part in a six-day teambuilding course based in Dartmoor National Park. This residential experience was delivered by Spirit of Adventure, one of the leading providers of adventurous activities in southern England.

11 volunteers completed this challenging programme and were awarded certificates at their final team presentation. This event took place at Fort Pitt Grammar School on Thursday 16 July.





Annual summary of outputs:

Number of volunteers enrolling on programme	14
Number of offsite educational visits	22
Number of nationally recognised training courses	2
Number of volunteers completing Bronze Youth Achievement Award	11
Number of emergency first aid certificates awarded	13
Number of teambuilding residential certificates awarded	11
Number of v50 certificates awarded	11
Total guided learning hours	1,545
Total hours spent supporting the local community	177
Number of volunteers completing programme	11
Volunteer % attendance rate	97%



The Sports Development Team would like to thank everyone who has contributed to the continued success of this unique programme and to congratulate all of this year's volunteers.

The next programme starts in February 2010

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