



Sports Leadership Programme

for young people with moderate learning difficulties (15-18)

Team 2 annual report (February 2008-July 2008)

The second sports leadership programme for young people with moderate learning difficulties to be delivered by the Sports Development Team started on 7th February 2008.

Working in partnership with Bradfields School and Further Education Centre, this programme that has been featured in articles by the National Youth Agency and UK Youth, helps young people with moderate learning difficulties to develop their confidence, motivation and skills.

During this six-month programme, volunteers gained experience of teamwork and leadership, attended a training course in emergency first aid and participated in regular activity sessions.

Activity sessions:

- High ropes
- Skiing, snow tubing and tobogganing
- Canoeing and kayaking

Having completed their training, volunteers were given the chance to apply their knowledge and skills to benefit the local community by supporting the Medway Messenger Mini Youth Games.

Mini Youth Games:

Event	Date	Venue
Mini Tennis	7th May	Rainham School for Girls
Kwik Cricket	12th June	Lordswood Cricket Club
Athletics	2nd July	Deangate Ridge

While undertaking this valuable work experience, volunteers were also invited to take part in a six-day teambuilding course based in Dartmoor National Park. This residential experience was delivered by Spirit of Adventure, one of the leading providers of adventurous activities in southern England.

All 14 volunteers completed this challenging programme and were presented certificates at their final team presentation. This event took place at Fort Pitt Grammar School on Thursday 17th July.





Annual summary of outputs:

Number of volunteers enrolling on programme	14
Number of offsite educational visits	20
Number of nationally recognised training courses	2
Number of volunteers completing Bronze Youth Achievement Award	13
Number of emergency first aid certificates awarded	12
Number of teambuilding residential certificates awarded	13
Number of Millennium Volunteer 50 hour certificates awarded	14
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Total guided learning hours	1,961
Total hours spent supporting the local community	240
Number of volunteers completing programme	14
Volunteer % attendance rate	93%



The Sports Development Team would like to thank everyone who has contributed to the continued success of this unique programme and to congratulate all of this year's volunteers.

The next programme starts in February 2009

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