



Sports Leadership Programme

for young people with moderate learning difficulties (15 - 18)

Team 1 annual report (September 2006-August 2007)

On 25 January, 2007, the Sports Development Team launched a new sports leadership programme. Working in partnership with Bradfields School and Further Education Centre, the aim of this programme was to enable young people with moderate learning difficulties develop their confidence, motivation and skills while gaining valuable leadership experience.

During the seven-month programme, volunteers gained experience of teamwork and leadership, attended a training course in emergency first aid and participated in regular activity sessions including high ropes, skiing, tobogganing, gliding, sailing and dragon boat racing.

Having completed their training, volunteers were given the opportunity to apply their knowledge and skills to benefit the local community by supporting the Medway Messenger Mini Youth Games.

Mini Youth Games supported:

Event	Date	Venue
Mini Tennis	8 May, 2007	Stirling Leisure Centre
Kwik Cricket	13 June, 2007	Lordswood Cricket Club
Athletics	4 July, 2007	Deangate Ridge

While undertaking this valuable work experience, volunteers were also invited to take part in a six-day teambuilding course based in Dartmoor National Park. This residential experience was delivered by Spirit of Adventure, one of the leading providers of adventurous activities in southern England.

Nine volunteers completed this challenging programme and were awarded achievement portfolios at their final team presentation. This event took place at the Civic Centre, Strood, on Thursday, 19 July.





Annual summary of outputs

Number of volunteers enrolling on programme	12
Number of training workshops	2
Number of off-site educational visits	16
Number of emergency first aid certificates awarded	11
Number of teambuilding residential certificates awarded	8
Number of Millennium Volunteer 100-hour certificates awarded	8
Number of Youth Achievement certificates awarded	8
Total guided learning hours	1,088
Total hours spent supporting the local community	219.5
Number of volunteers completing programme	9
Volunteer % attendance rate	87%

The Sports Development Team would like to thank all the individuals and organisations that have contributed to the success of this new programme and to congratulate this year's volunteers for setting such amazingly high standards.



The next programme starts in January 2008.

For more information, please contact:

Jon Rees (Youth Development Officer)

Phone: **01634 338765**

Email: jonathan.rees@medway.gov.uk

