

Academic year: / e.g. 2011/12



Personal log sheet

Copies of log sheet(s) must be returned to your PE Department who will then verify your hours and submit a request for certification.

Name: Date of birth: Sheet number:

Address: Phone:

Section 1: Sports leadership and volunteering.

Date	Hours	Name of provider	Activity	Name of supervisor	Supervisor signature	Accumulated hours* (Section 1)

Section 2: Up to 20% of the Bronze/Silver/Gold Awards (i.e. 10/20/50 hours) can be completed by undertaking training linked to your sports leadership and volunteering.

Date	Hours	Name of provider	Activity	Name of supervisor	Supervisor signature	Accumulated hours* (Section 2)

* **Accumulated hours** = Total hours completed to date.
(Includes hours carried forward from previous sheets)

Continue to log your hours on a new sheet if necessary.

