



**OUT OF SCHOOL HOURS (OSHL) SPORTS CLUB
OPPORTUNITIES FOR YOUR SCHOOL
BOOK NOW
FOR SEPTEMBER 2010 - JULY 2011**



David Hitch (Community Sports Club Link Officer for the Howard School Sport Partnership)

David is employed to organise out of school hours sports clubs for schools within the partnership. He works closely with the Greenacre School Sports Partnership (sharing sports coaches and expertise) and the Medway Council Sports Development Team and their Medway Sports Coaches database, to ensure coaches are fully screened and qualified to deliver OSHL clubs of a high standard. Coaches and Schools must follow the 'Sports Code of Practice' (<http://www.medway.gov.uk/sportscodofpractice>) in all OSHL clubs. If you have qualified sports coaches available, who are keen to work with pupils in primary and/or secondary schools, please ask them to contact David directly on 01634 388765 ex. 228; 07595710820 or hitcd008@medway.org.uk.

Plan and book OSHL sports clubs with David NOW!

David is actively encouraging schools (Primary and Secondary) wishing to have FREE sport specific physical activity/dance OSHL sports clubs in their school. Primary Link Teachers or P.E. Teachers can request their bookings NOW for Terms 1/2/3/4/5/6 in the 2010-2011 academic year (see bottom of the page for details)..

Two main programme of funding available:

Sport Unlimited (for semi-sporty pupils aged 10/11-19 years) 8 weeks/8 x 1 hour sessions or 4 x 2 hour sessions minimum during out of school hours learning (OSHL) and we need to ensure 60% pupil attendance i.e. a minimum of 8 sessions attended. A range of sports coaches on offer.

School Sports Coaching (for sporty pupils 5-19 years) this can be for a minimum of 4 weeks 4 x 1 hours during out of school hours learning (OSHL) in a range of sports. As this targeting sporty children then we are expecting excellent attendance in this programme.

Both programmes are aimed to introduce pupils to sport and offer them 'exit routes' to community sports clubs for continued development of their sporting ability.



The benefits of staging a regular 'Out of School Hours Learning OSHL - Sports Coaching Club' for pupils using an external sports coach visits with Adult Other Than Teachers (A.O.T.T.)

- ❖ Coaches are fully screened by Medway Council Sports Coaches database and the Howard Partnership
- ❖ Qualified and experienced specifically in the sports/activities that they coach
- ❖ Good with children and progressing their confidence/self esteem, team work, leadership, communication together with physical skills
- ❖ Available to assist your school sports team in preparation for forthcoming competition
- ❖ Teachers learn by observing/working alongside the coach and ideally continue the OSHL sports club with a possibility of gaining qualifications in the longer term
- ❖ Providing a wider range of sports than schools can currently provide
- ❖ Sports Coaches often bring with them specialist equipment and sometimes sports Leaders/student volunteers to assist with supervision
- ❖ Inspires children and encourages them to continue participating in 'sport for life' and provides a Community Club link and hence a route for pupils wishing to continue participating in a community club outside of school (during the weekends and evenings)
- ❖ Helps to achieve the governments '5 hours of physical activity per week for young people' policy

To request a Sports Coach for delivery of FREE extra-curricular sessions at your school, please complete the '2010-11 OSHL Sports Club Request Form' at www.howardssp.org.uk and return to: David Hitch via e-mail at: hitcd008@medway.org.uk. Bookings will be made on a first-come, first-served basis.

SPORT COACHES' PROFILES

NAME	SPORT(S)	QUALIFICATIONS	CURRENT CLUB-LINKS
Dave Walker	Athletics	<ul style="list-style-type: none"> • Level 2 Athletics Coach (speed/endurance/jumps/throws) • UKA Strength & Conditioning • Plyometrics - Juice Performance • FUNdamentals of Movement 	Medway Park Phoenix <div style="border: 1px solid black; padding: 2px; display: inline-block; color: red;">Clubmarked clubs in RED</div>
Paul Eccleston	Football Handball	<ul style="list-style-type: none"> • FA Qualified • FA Youth Award • Handball Level 1 	Chatham Town FC Gillingham Ladies FC
Kevin Parrish	Ice-Hockey	<ul style="list-style-type: none"> • EIHA Level 2 Coach 	Invicta Dynamos IHC
Julie Patching	Dance Aerobics Body Combat	<ul style="list-style-type: none"> • Fitness Pilates – Core Fitness • Fitpro – Bodyjam Level 2 qualifications in: <ul style="list-style-type: none"> • Fitness Instructing - Gym • Exercise & Fitness • Exercise to Music (Aerobics) 	
Jez Walters & Adam Lawrie	Martial Arts	<ul style="list-style-type: none"> • Chinese Martial Arts NVQ 2 • MASA 1 Teaching Qualification • 4th Dan 	Shi Kon Martial Arts
Ian Barnden	Korfball	<ul style="list-style-type: none"> • Korfball Level 1 	Tomadoes Korfball Club
Several Coaches	TAG-Rugby & Rugby League	<ul style="list-style-type: none"> • RFU Level 2 Coaches 	Medway Dragons
Mark Spratt	Golf & Tri-Golf	<ul style="list-style-type: none"> • Level 2 PGA Coach 	
Steve Stacy	Judo	<ul style="list-style-type: none"> • British Judo Association – UKCC level 2 Club Coach • YMCA Personal Trainers Award 	Medway Park Judo Club
Mark Walsh	Table Tennis	<ul style="list-style-type: none"> • ETTA Level 2 Coach 	Howard TTC
Hilary Athawes	Badminton	<ul style="list-style-type: none"> • Level 2 in Coaching Badminton 	Medway Junior BC
Tony Lowe	Gym/Tramp	<ul style="list-style-type: none"> • Level 4 Trampoline Coach • Level 1 Gymnastics Coach • Level 4 Double-Mini Tramp Coach 	Jumpers Trampoline Club
Dave Berwick	Mini-Squash	<ul style="list-style-type: none"> • Level 2 Squash Coach • Level 2 Racketball Coach 	Medway Park Junior Squash Club
Laura Dudman & Gemma Wright	Dance	<ul style="list-style-type: none"> • ISTD Teacher of Dance • YMCA Aerobic Instructor 	

All Coaches have an enhanced CRB disclosure certificate, are trained in child protection & first aid. Many of our coaches are trained to coach Multi Skills



**2010-11 school year request form for OSHL sports clubs
in Howard School Sport Partnership**



School _____ **Name of Teacher/T.A** _____ **Email** _____

Term(s)	Sport and year group	Day (tick any days available)					Specify Time (tick which times the club can run)		
		Mon	Tue	Wed	Thu	Fri	Breakfast	Lunch	After-school

*The more adaptable with time and day of request, the more likely to secure a booking

Signed _____ Print name _____ Date _____

Please return by 16th July 2010 for Term 1, September 2010 possible bookings at the latest, but also please feel free to make requests several terms in advance as **'bookings will be received on a first come first served basis'**. David Hitch – Community Sports Club Link Officer, Howard School Sport Partnership, Howard School, Derwent Way, Rainham Gillingham, Kent ME8 OBX or email: hitcd008@medway.org.uk Tel: 01634 388765 ex. 228 or mobile Tel: 07595710820. This booking form is also downloadable from the Howard SSP website: www.howardssp.org.uk
THANK YOU FOR PLANNING WELL IN ADVANCE, AS SPORTS COACHES DO GET BOOKED UP VERY QUICKLY.